

Student Wellness Nutrition Procedures/Guidelines

All foods and beverages made available on campus during the school day are to be consistent with the Arizona Nutrition Standards per Tempe School District policy JL, regulation JL-R, approved August 2, 2006.

The Tempe School District has created procedures/guidelines to address all foods, including foods of minimal nutritional value and competitive food sales, available to students during the school day in the following areas: (School day is defined as bell to bell)

- Celebrations
- Classroom parties
- Fund-raisers
- Rewards
- School Events

Guidelines:

Celebrations/Classroom Parties

- Foods and Beverages not allowed:
Cupcakes, sheet cakes, chocolate candy, hard candy, cookies, carbonated beverages, juices drinks less than 100% juice.
- Allowable Foods and Beverages:
Trail mix, pretzel mixes, individual ice cream novelties, frozen yogurt push-ups, 100% fruit drinks, water, flavored water, and fruit based smoothies.
- Non-food treats are encouraged:
Ex: colorful pencils, fun learning tools, pens, glow bracelets, bookmarks

Fundraisers

- Outside of School Day-exempt (before bell or after bell)
- During School Day-must follow "Allowable Snack Items List"

Rewards

- Outside of School Day-exempt
- During School Day-must follow "Allowable Snack Items List"

School Events

- Outside of School Day- exempt
- During School Day-must follow "Allowable Snack Items List"

Reference document: "Allowable Snack Items List" available on Tempe School's web page: tempeschools.org/parents/menus

***Homemade Food or unwrapped food cannot be brought to school to share or sell. Only prepackaged, store bought foods can be shared or sold.